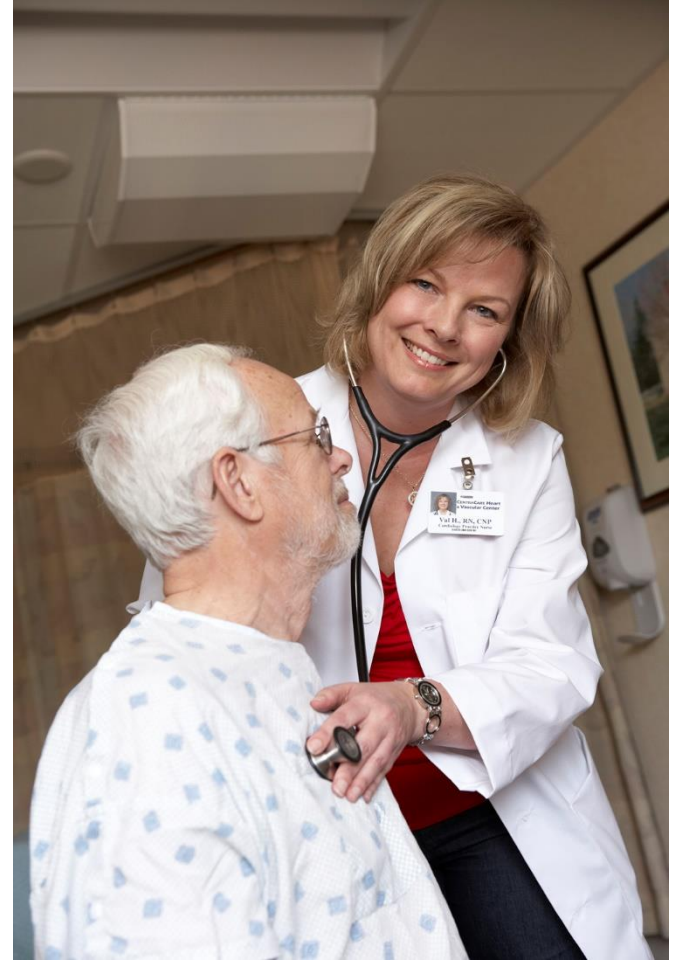




Minnesota Hospital Association

MN/OH Delirium Collaborative



March 22, 2017

Welcome

- In December 2015, the Minnesota and Ohio HENS began an intentional and active partnership to address delirium. This collaboration has been highly beneficial in the identification, development and dissemination of delirium tools and resources, as well as provide a greater learning opportunity for both states. Minnesota and Ohio have chosen to continue the collaboration as part of the HIIN work.
- Bi-Monthly webinars: Various topics will be reviewed by subject matter experts. Each webinar will consist of a Virtual Learning Session, followed by time for participants to ask questions, share challenges and connect with hospitals that may have found solutions and success.
- Please invite the appropriate individuals within your organization to participate in this collaborative, send their contact information to MHA or OHA.

****Please put the call on MUTE, not HOLD****

Otherwise, we hear hold music over the conference line.

Speaker Introduction

Janet Dionne, MSN, RN-BC, CEN



- Jan Dionne is a prevention specialist and program manager of Healthy Brain Program at Regions Hospital
- She is a board certified advance practice nurse and has 45 years of experience working as an RN.
- In 2011, she contributed to the opening of the first “senior ER” in Colorado
- She does not have any conflicts of interest to disclose.

Incorporating Champions/Volunteers into a Delirium Prevention Program

- Presented to The Delirium Learning Network
 - July 26, 2018
 - Jan Dionne MSN, CNS-BC, CEN
 - Regions Hospital St. Paul, MN
- Delirium Prevention Specialist/Program
Manager



Presentation Learning Objectives

1. Describe the role of Champions in a Delirium Prevention Program.
2. Discuss strategies to recruit Champions for a delirium prevention program.
3. Identify the content and methods of training of the Champion for work in a delirium prevention program.



Regions Hospital

Healthy Brain Program Since July 2015



Evidence Based Interventions for Delirium Prevention

□ Dr. Sharon Inouye

- Has published the first and much of the research on Delirium Prevention Interventions and the use of Champions in delirium prevention

- HELP



Five Areas of Concentration for Delirium Prevention

- Early Mobility
- Nutrition/Hydration
- Reorientation
- Sensory Aids
- Cognitive Stimulation



Engagement of Patient in Delirium Interventions

- Champion/Champion
 - Therapeutic Interventions
 - Mobility
 - Nutrition/Hydration
 - Daily Visitor



Champion Training

- Prewrite email and video
- Classroom 14 hours
- Post Test
- One on One training 8 hours
- Computer/EPIC



Recruitment of Champions

- Volunteer Services Office
- Community Groups
- Schools of Nursing



Benefits of Program

- “Soft Interventions” done by Champion/champions which frees up nursing staff
- Do not pay Champion/champions
- All interventions are evidence based that decreased the occurrence of delirium



Questions



Schedule

- 2018 Schedule:
 - **September 27, 2018**



All calls are scheduled from 11:00-12:00 (CT)

Thank You

- Please invite the appropriate individuals within your organization to participate in this collaborative, send their contact information to MHA or OHA
- Thank you and have a wonderful day!